



Targeting Mobility • Improving Lives

PerformancePro
Sports Medicine & Rehabilitation
4135 S. Broadway Ave. • Tyler, TX 75701
Office: 903-581-8662 • Fax: 903-581-7808

Brandon Adkinson, DPT
Clinic Director

Patient Name: _____ DOB: _____

Diagnosis: _____ ICD-9: _____

Frequency: 1x 2x 3x 4x 5x per week. Duration: 1 2 3 4 ___ weeks.

Evaluate & Treat Continue PT Treatment

Therapeutic Exercise

- Passive ROM
Active ROM
Active Assisted ROM
Progressive Resistive Exercise
Strengthening
Spine Stabilization
Posture/Body Mechanics
Gait Training
Closed Chain Exercise
Patient Education / Home Exercise Program (HEP)

Manual Therapy

- Soft Tissue Mobilization
Joint Mobilization
Myofascial Release Techniques
Muscle Energy Techniques

Custom Foot Orthotics

Bracing: _____

Other: _____

Neuromuscular Re-Education

- Balance / Proprioceptive Training
Fall Prevention
CVA / Stroke Rehab
Total Joint Post-Op Rehab
Vestibular Rehab

Modalities

- Moist Heat / Cold Therapy
Ultrasound
Phonophoresis w/10% Hydrocortisone
Iontophoresis Treatment w/ Dexamethasone
Electrical Stimulation
TENS: ___ Rental ___Purchase
Mechanical Cervical / Lumbar Traction
Intermittent Compression Pump (GameReady)

Sports Specific Training / Rehab

Cancer-Related Fatigue Program

Precautions / Special Instructions: _____

I certify the medical necessity of skilled physical therapy intervention for this patient.
The above plan of care is established and will be reviewed every 30 days.

Physician's Signature:

Date:

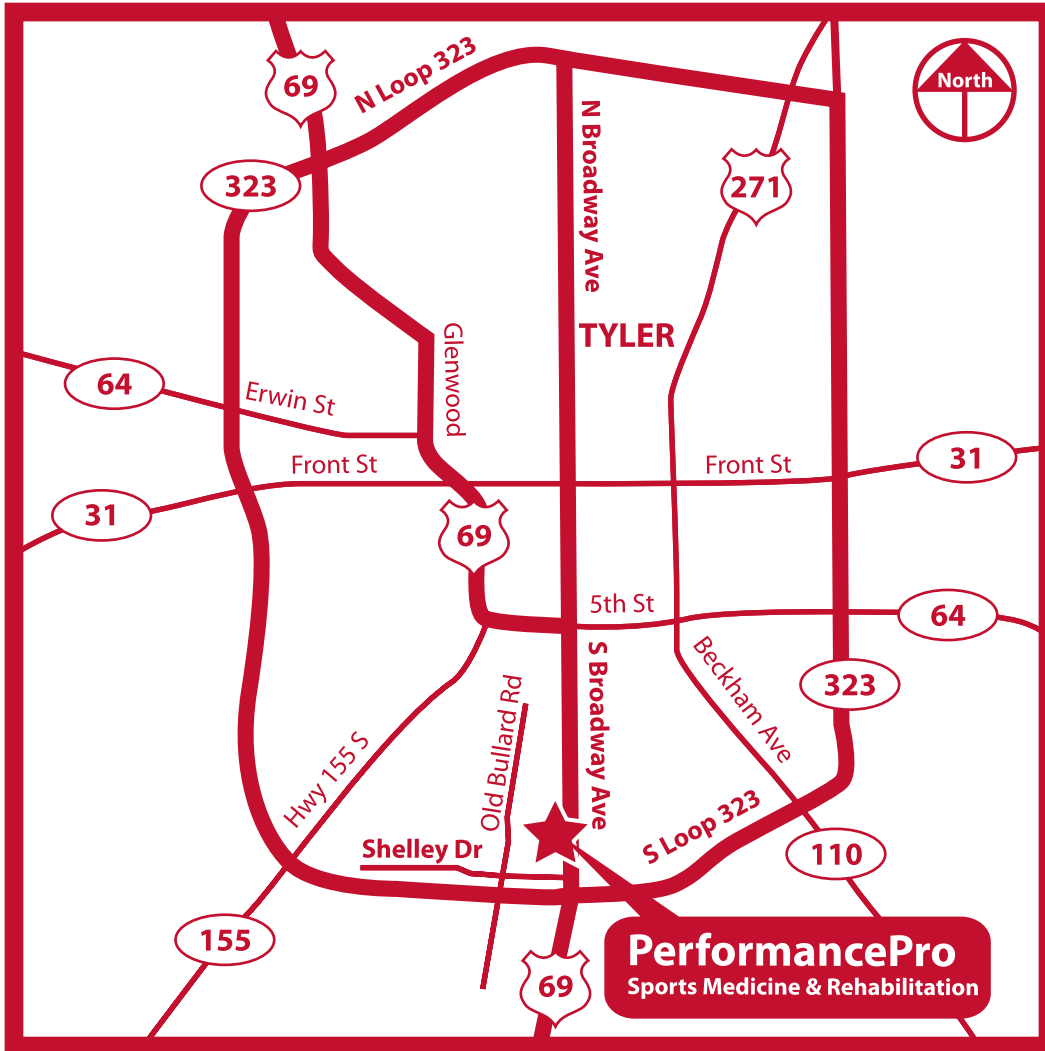
DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.



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DIRECTIONS:

- From South Loop 323, Turn North on Broadway Avenue.
• Clinic is located on the left at the corner of Broadway Avenue and Shelley Drive.

JUST A REMINDER:

- Please bring this referral with you on your first visit.
• Please arrive 20 minutes before your scheduled appointment to complete the necessary paperwork.
• The evaluation (1st visit) usually lasts 1 hour.

WHAT TO WEAR:

- Please wear comfortable clothing including T-shirts, shorts/sweatpants and gym shoes.

PerformancePro Sports Medicine & Rehab is featured on PTandMe.com

An informational site for patients interested in or considering physical, occupational, and/or hand therapy.